



INFORMATION FOR DELEGATES ABOUT COVID-19

The recently detected coronavirus is causing an outbreak of respiratory disease. On February 11, 2020, the World Health Organization named the disease Coronavirus Disease 2019 (abbreviated "COVID-19").

As risks in New Zealand are currently very low, we hope you will all enjoy the conference as usual without feeling anxious about COVID-19.

If you have recently arrived in New Zealand from severely affected countries, please consider self-isolating for 14 days in line with advice from the Ministry of Health. We also ask you to consider whether you should be attending the conference.

If you are experiencing symptoms, please do not attend the conference. Information on symptoms as well as more general information on COVID-19 can be found on the Ministry of Health website: www.health.govt.nz

DURING THE CONFERENCE:

- ✓ There are hand sanitiser stations dotted around conference venues. Please use them regularly throughout the event.
- ✓ Please avoid shaking hands as you normally would with your planning colleagues.
- ✓ Basic hygiene measures are the most important way to stop the spread of infections including COVID-19. ***Please be considerate of hand hygiene by washing your hands regularly and using sanitiser. Stay away if you are sick. Cough or sneeze into a tissue or your inner elbow and then wash your hands.***
- ✓ Regularly wash your hands thoroughly with soap for 20 seconds to prevent the spread of infections.

IF YOU THINK YOU ARE UNWELL

- ✓ The first signs of infection are: ***fever, cough, tightness in the chest, shortness of breath.*** If you are feeling unwell or experiencing any of these symptoms, please self-isolate and send an email to: admin@planning.org.nz to let us know your situation.
- ✓ *Stay away from the conference venues and other crowded places*
- ✓ It is advised that if you are experiencing symptoms, to call Healthline, 24/7, on 0800 611 116. If you are unsure you can go straight to Nelson Hospital on Tipahi Street. However, please call ahead and advise you are coming so they can prepare for your arrival and minimise the chance of spreading the virus if you are infected. The hospital phone number is (03) 546 1800, and it is a 20-minute walk from the Rutherford Hotel.

Any further communications to delegates about COVID-19 will be done via the conference app and email. Please ensure you have downloaded the conference app.